CLASS SCHEDULE

MON		TUE		WED		THURS		FRI		SAT		SUN	
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
											08:20 - 09:20 Corporate Class ESTHER		
										09:00 - 10:00 Sun Salutation JIA URN		09:00 - 10:00 Yoga Stretch JIA URN	
				09:30 - 11:00 Studio Rental							09:30 - 10:30 Aerial Pilates WAWA (C)		09:30 - 10:30 Aerial Basic ESTHER
10:00 - 11:00 Hatha Yoga Basic JIA URN		10:00 - 11:00 Sun Salutation BELINDA	10:00 - 11:00 Aerial Pilates WAWA (C)			10:00 - 11:00 Wheel Yoga L1 JIA URN	10:00 - 11:00 Aerial Yoga L1 ESTHER	10:00 - 11:00 Barre Fusion ALVINA		10:10 - 11:10 Kids Hip Hop SHERILYN		10:10 - 11:10 Wheel Yoga Basic JIA URN	
											10:40 - 11:40 Aerial Basic WAWA (C)		10:40 - 11:40 Aerial Yoga L1 ESTHER
11:10 - 12:10 Wheel Yoga Basic JIA URN	11:10 - 12:10 Aerial Yoga L1 WAWA (C)		11:10 -12:10 Aerial Practice 9 SLOTS	11:10 - 12:10 Wheel Yoga L1 JIA URN		11:10 - 12:10 Yoga Stretch JIA URN	11:10 -12:10 Aerial Practice 9 SLOTS		11:10 - 12:10 Aerial Yoga L2 WAWA (C)	11:20 - 12:20 Cardio Barre AZALIA		11:20 - 12:20 Arm Balancing VERA (E)	
											11:50 - 12:50 Aerial Yoga L1 JAYNE		11:50 - 12:50 Aerial Yoga L2 ESTHER
	12:20- 13:20 Aerial Yoga L2 WAWA (C)	12:20 - 13:20 Pilates Mat ABBY	12:20- 13:20 Aerial Hoop Basic WAWA (C)	12:20 -13:20 Yoga Stretch JIA URN		12:20 - 13:20 Power Pilates ABBY	12:20- 13:20 Aerial Hoop Basic WAWA (C)	12:20 - 13:20 Yin Yoga BELINDA	12:20 - 13:20 Aerial Basic WAWA (C)	12:30 - 13:30 HIIT LORIE		12:30 - 13:30 Hatha Flow L2 VERA (E)	
											13:00 - 14:00 Aerial Basic JAYNE		13:00 - 14:00 Aerial Practice 9 slots
	13:30 - 14:30 Aerial Basic WAWA (C)			13:30 -14:30 Aerial Basic ANNA					13:30 -14:30 Aerial Practice 9 SLOTS	13:40 -14:40 Yoga Stretch JIA URN		13:40 - 14:40 Cardio Barre AZALIA	
											14:10 - 15:10 Aerial Spin Basic JAYNE		14:10 - 15:10 Aerial Stretch VERA (E)
										14:50 - 15:50 Hatha Yoga Basic JIA URN			
											15:20 - 16:20 Intro to Aerial ESTHER		
	16:30 - 17:30 Aerial Basic ANNA							16:30 - 17:30 Hatha Yoga L1 BELINDA		16:00 - 17:00 Wheel Yoga Basic JIA URN		16:00 - 17:00 Yin Yoga BELINDA	
											16:30 - 17:30 Aerial Hoop Basic WAWA (C)		
17:40 - 18:40 Hatha Yoga L1 BELINDA		17:40 - 18:40 Yin Yoga VERA (E)		17:40 - 18:40 Pilates Mat ABBY		17:40 - 18:40 Hatha Flow L2 VERA (E)		17:40 - 18:40 Hatha Flow L1 BELINDA					
	18:30- 19:30 Aerial Yoga L2 WAWA (C)		18:30 - 19:30 Intro to Aerial ESTHER		18:30- 19:30 Aerial Hoop Basic WAWA (C)		18:30 -19:30 Aerial Basic ESTHER		18:30 - 19:30 Intro to Aerial ESTHER		17:40 - 18:40 Aerial Basic IVY		
18:50 - 19:50 Barre Fusion ALVINA		18:50 - 19:50 Hatha Yoga L2 VERA (E)		18:50 - 19:50 Wheel Yoga Basic JIA URN		18:50 - 19:50 Barre Fusion ALVINA		18:50 - 19:50 Aerial Yoga L1 IVY				17:30 CLOSE	
	19:40- 20:40 Aerial Hoop Basic WAWA (C)		19:40 - 20:40 Aerial Basic ESTHER		19:40- 20:40 Aerial Yoga L1 WAWA (C)		19:40 - 20:40 Aerial Stretch VERA (E)		19:40 - 20:40 Aerial Yoga L1 ESTHER	19:30 CLOSE			
20:00 - 21:00 TRX Fusion LORIE		20:00 - 21:00 Aerial Yin VERA (E)		20:00 - 21:00 Aerial Yoga L2 ESTHER		20:00 - 21:00 TRX Fusion LORIE		20:00 -21:00 Aerial Flow Basic IVY					