

CLASS SCHEDULE 17 Jan - 31 Jan

MON, 10 JAN		TUE, 11 JAN		WED, 12 JAN		THURS, 13 JAN		FRI, 14 JAN		SAT, 15 Jan		SUN, 16 Jan	
STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
										09:00 - 10:00 Hips & Shoulders Opening GERALDINE		09:00 - 10:00 Yoga Stretch JIA URN	09:30 - 10:30 Aerial Basic ESTHER
10:00 - 11:00 Hatha Yoga Basic JIA URN	10:00 - 11:00 Aerial Practice 6 SLOTS	10:00 - 11:00 Barre Fusion JASMINE (C)	10:00 - 11:00 Aerial Pilates WAWA (C)			10:00 - 11:00 Wheel Yoga L1 JIA URN	10:00 - 11:00 Aerial Yoga L1 ESTHER	10:00 - 11:00 Barre Fusion ALVINA		10:10 - 11:10 Core Yoga GERALDINE	10:30 - 10:30 Aerial Pilates WAWA (C)	10:10 - 11:10 Wheel Yoga Basic JIA URN	10:40 - 11:40 Aerial Yoga L1 ESTHER
11:10 - 12:10 Wheel Yoga Basic JIA URN	11:10 - 12:10 Aerial Yoga L1 WAWA (C)		11:10 - 12:10 Aerial Practice 6 SLOTS	11:10 - 12:10 Wheel Yoga L1 JIA URN		11:10 - 12:10 Yoga Stretch JIA URN	11:10 - 12:10 Aerial Practice 7 SLOTS		11:10 - 12:10 Aerial Yoga L2 WAWA (C)	11:20 - 12:20 Barre Fusion JASMINE (C)	10:40 - 11:40 Aerial Basic WAWA (C)	11:20 - 12:20 Arm Balancing GERALDINE	11:50 - 12:50 Aerial Basic ESTHER
	12:20 - 13:20 Aerial Yoga L2 WAWA (C)	12:20 - 13:20 Pilates Mat ABBY	12:20 - 13:20 Aerial Hoop L1 WAWA (C)	12:20 - 13:20 Yoga Stretch JIA URN	12:20 - 13:20 Aerial Practice 7 SLOTS	12:20 - 13:20 Barre Fusion ALVINA			12:20 - 13:20 Aerial Basic WAWA (C)	12:30 - 13:30 HIIT LORIE	11:50 - 12:50 Aerial Yoga L1 JAYNE	12:30 - 13:30 Hatha Flow L2 GERALDINE	13:00 - 14:00 Aerial Basic ANNA
	13:30 - 14:30 Aerial Basic WAWA (C)				13:30 - 14:30 Aerial Basic ANNA		13:30 - 14:30 Aerial Hoop Basic WAWA (C)		13:30 - 14:30 Aerial Practice 7 SLOTS	13:40 - 14:40 Yoga Stretch JIA URN	13:00 - 14:00 Aerial Spin JAYNE	13:40 - 14:40 Cardio Barre AZALIA	14:10 - 15:10 Aerial Practice 7 SLOTS
								15:20 - 16:20 Wheel Yoga Basic JIA URN		14:50 - 15:50 Hatha Yoga Basic JIA URN	14:10 - 15:10 Intro to Aerial ESTHER	14:50 - 15:50 Girl's Style Beginner CHERRIE	
	16:30 - 17:30 Aerial Basic ANNA			16:30 - 17:30 Private Pilates ABBY				16:30 - 17:30 Hatha Yoga L1 BELINDA		16:00 - 17:00 Wheel Yoga Basic JIA URN	15:20 - 16:20 Aerial Basic ESTHER	16:30 CLOSE	
17:40 - 18:40 Hatha Yoga L1 BELINDA	18:30 - 19:30 Aerial Yoga L2 WAWA (C)	17:40 - 18:40 Yin Yoga BELINDA	18:30 - 19:30 Intro to Aerial ESTHER	17:40 - 18:40 Pilates Mat ABBY	18:30 - 19:30 Aerial Hoop Basic WAWA (C)	17:40 - 18:40 Hatha Flow L1 ANNA	18:30 - 19:30 Aerial Basic ESTHER	17:40 - 18:40 Barre Fusion JASMINE (C)	17:40 - 18:40 Aerial Basic ESTHER				
18:50 - 19:50 Barre Fusion JASMINE (C)	19:40 - 20:40 Aerial Hoop L1 WAWA (C)	18:50 - 19:50 Hatha Yoga Basic BELINDA	19:40 - 20:40 Aerial Basic ESTHER	18:50 - 19:50 Wheel Yoga Basic JIA URN	19:40 - 20:40 Aerial Yoga L1 WAWA (C)	18:50 - 19:50 Barre Fusion ALVINA	19:40 - 20:40 Aerial Basic ANNA	18:50 - 19:50 Wheel Stretch ESTHER	18:50 - 19:50 Aerial Practice 7 SLOTS				
20:00 - 21:00 TRX Fusion LORIE		20:00 - 21:00 Yoga Stretch BELINDA (Cover)		20:00 - 21:00 Aerial Yoga L1 ESTHER		20:00 - 21:00 Pilates Mat RACHEL		20:00 - 21:00 Aerial Stretch GUIXIA	20:00 - 21:00 Aerial Yoga L2 ESTHER	19:30 CLOSE			