

November Tanjong Pagar Class Schedule

MON	TUE	WED	THURS	FRI	SAT	SUN
					09:00 - 10:00 Wheel Yoga Basic JIA URN	
					10:10 - 11:10 Hatha Yoga Basic JIA URN	
11:10 - 12:10 Wheel Yoga Basic DEBBIE		11:10 - 12:10 Hatha Yoga Basic IRIS		11:10 - 12:10 Wheel Yoga Basic DEBBIE	11:20 - 12:20 Aerial Hammock Basic AMANDA	10:40 - 11:40 Aerial Stretch CHILLIE
12:20 - 13:20 Gentle Flow DEBBIE		12:20 - 13:20 Wheel Yoga Basic IRIS		12:20 - 13:20 Deep Stretch DEBBIE	12:30 - 13:30 Aerial Hammock L1 AMANDA	11:50 - 12:50 Aerial Hammock Basic CHILLIE
	13:30 - 14:30 Aerial Hammock L1 FRANCIS					13:00 - 14:00 Aerial Hammock L1 ANNA
						14:10 - 15:10 Gentle Flow ANNA
18:20 - 19:20 Aerial Hammock Basic ANNA		18:20 - 19:20 Aerial Hammock Basic ANNA		18:20 - 19:20 Aerial Stretch GUI XIA		
	19:30 - 20:30 Self Practice 6 slots	19:30 - 20:30 Aerial Stretch FRANCIS	19:30 - 20:30 Aerial Hoop Basic HA	19:30 - 20:30 Aerial Hammock Basic GUI XIA		
		20:40 - 21:40 Aerial Hammock L1 FRANCIS				