

JANUARY CLASS SCHEDULE

MON (4,11,18,25)	TUE (5,12,19,26)	WED (6,13,20,27)	THURS (7,14,21,28)	FRI (8,15,22,29)	SAT (2,9,16,,23,30)	SUN (3,10,17,24,31)
		09:00 - 10:30 Studio Rental				08:20 - 09:20 Private Pilates Class CASSANDRA
10:00 - 11:00 Hatha Yoga JIA URN	10:00 - 11:00 Aerial Pilates WAWA (C)		10:00 - 11:00 Aerial Basic ESTHER	10:00 - 11:00 Barre Fusion ALVINA	09:30 - 10:30 Aerial Pilates WAWA (C)	09:30 - 10:30 Aerial Basic ESTHER
11:10 - 12:10 Aerial Yoga level 1 WAWA (C)	11:10 - 12:10 Hatha Yoga JOANNE		11:10 - 12:10 Wheel Yoga JIA URN	11:10 - 12:10 Hatha Yoga BELINDA	11:10 - 12:10 Aerial Yoga level 2 WAWA (C)	10:45 - 11:45 Aerial Basic WAWA (C)
12:20 - 13:20 Aerial Yoga level 2 WAWA (C)	12:20 - 13:20 Pilates Mat (LIVE!) ABBY	12:20 -13:20 Yoga Stretch JIA URN	12:20 - 13:20 Power Pilates (LIVE!) ABBY	12:20 - 13:20 Aerial Basic WAWA (C)	12:00 - 13:00 Aerial Yoga level 1 JAYNE	12:00 - 13:00 Aerial Yoga level 2 ESTHER
13:30 - 14:30 Aerial Basic WAWA (C)	13:30 - 14:30 Yoga Stretch BELINDA	13:30 -14:30 Aerial Basic ANNA	13:30 -14:30 Aerial Practice 9 slots	13:30 -14:30 TRX Fusion LORIE	13:15 - 14:15 Aerial Basic JAYNE	13:15 - 14:15 Hatha Flow (LIVE!) VERA (E)
15:20 -16:20 Private Pilates Class CASSANDRA					14:30 - 15:30 Hatha Yoga JIA URN	14:30 - 15:30 Aerial Stretch VERA (E)
16:30 - 17:30 Wheel Pilates CASSANDRA	16:30 - 17:30 Private Postnatal Class VERA (E)	16:30 - 17:30 Hatha Yoga JIA URN	16:30 - 17:30 Private Aerial Class VERA (E)	16:30 - 17:30 Hatha Yoga BELINDA	15:45 -16:45 Cardio Barre AZALIA	15:45 -16:45 Aerial Practice 9 slots
17:40 - 18:40 Hatha Yoga BELINDA	17:40 - 18:40 Yin Yoga (LIVE!) VERA (E)	17:40 - 18:40 Pilates Mat (LIVE!) ABBY	17:40 - 18:40 Hatha Flow (LIVE!) VERA (E)	17:40 - 18:40 Hatha Flow BELINDA	17:00 - 18:00 Wheel Pilates CASSANDRA	17:00 - 18:00 Private Prenatal Class BELINDA
18:50 - 19:50 Aerial Yoga level 2 WAWA (C)	18:50 - 19:50 Hatha Yoga (LIVE!) VERA (E)	18:50 - 19:50 Aerial Yoga level 2 WAWA (C)	18:50 -19:50 Barre Fusion (LIVE!) ALVINA	18:50 -19:50 Aerial Basic IVY	18:15 -19:15 Aerial Basic IVY	18:15 -19:15 Kids Hip Hop SHERILYN
20:00 -21:00 TRX Fusion LORIE	20:00 -21:00 Aerial Basic ESTHER	20:00 -21:00 Aerial Yoga level 1 ESTHER	20:00 -21:00 Aerial Stretch VERA (E)	20:00 -21:00 Aerial Yoga level 1 ESTHER		